

Unit 10B Leyton Studios,
15 Argall Avenue, Leyton, E10 7QE,
United Kingdom

+44 (0) 7748 493 091
info@robertmoutrey.com

Finding the Studio

Address: Unit 10B, Leyton Studios, 15 Argall Avenue, Leyton, E10 7QE

Contact: If you need help finding us on the day, call or text: +44 (0) 7748 49 3091

You'll see a large sign that reads "Leyton Industrial Village – Argall Avenue".
We are based inside this estate at Leyton Studios, Unit 10B.



To find UNIT 10B walk or drive down this drive. You can drop off directly outside Unit 10B for loading/unloading. However, there is no parking outside the studio and it's a busy loading area, so drop-off needs to be brief. Parking information below.



Arriving by Car (Parking + Drop-off)

Parking

Parking is available outside the estate and can be paid via the RingGo app [[download here](#)]:

- Up to 3 hours: £4
- Up to 8 hours: £8

(Prices may change — please check RingGo for the latest rate.)

From the car park, the studio is a 2–3 minute walk.

Drop-off / Loading

You can drop off directly outside Unit 10B for loading/unloading.

Please note: there is no parking outside the studio and it's a busy loading area, so drop-off needs to be brief.

Arriving by Train

The closest station is Lea Bridge Station.

It's an 11 minute walk to and from the studio.

Access

The studio is accessed via 2–3 flights of stairs and there is no lift.

If stairs or carrying items may be difficult, please take this into consideration before travelling — and feel free to call ahead so we can plan sensibly.

Facilities at the Studio

Toilets

We have clean toilets with multiple cubicles.

Changing

There are no dedicated changing facilities in the studio.

We can provide privacy screens, and some clients prefer to change in the toilet cubicles.

Kitchen

We have kitchen facilities, including a fridge, plus tea and coffee.

Drinking Water

Please bring drinking water. This is an older building and the sinks are not suitable for drinking (there are signs saying “not drinking water”).

Wi-Fi

Network: Studio10b

Password: Stud1o#10B

Everything Else

Arrival timing

Please aim to arrive 5–10 minutes early so we can settle in, get comfortable, and start on time.

When you arrive

If you can't find Unit 10B straight away, call or text +44 (0) 7748 49 3091 and I'll guide you in. Once you're on the Leyton Studios estate, head to Unit 10B. The studio is upstairs (stairs only — no lift).

Seating, comfort & breaks

There's seating in the studio, and we can take regular breaks whenever needed — especially for children, older sitters, or anyone who needs to move around. Just let me know and we'll pace the session sensibly.

Temperature & clothing

It's an older building and can feel cooler than expected, especially in winter. A light layer is a good idea. If you're being photographed or sitting, avoid anything too tight or uncomfortable, and bring a spare layer if you're unsure.

Studio Day Checklist

Clothing (comfort)

- Winter: warm, comfortable layers for between takes / breaks
- Summer: cool, breathable layers for between takes / breaks
- Comfortable shoes (the studio is stairs only)

Outfits (for posing)

- 2–3 outfit options (if we're deciding on the day)
- Any planned change-outs (including underwear/vests that work under outfits)
- Accessories you may want included (or removed): jewellery, watch, tie, scarf, etc.

Water & food

- Refillable water bottle (please bring your own drinking water)
- Light snacks (especially helpful for children)

Grooming / touch-ups

- Hair brush / comb
- Basic make-up / powder for shine
- Hair ties / grips
- Any hair tools you'll want for quick adjustments (e.g. hairdryer / straighteners)

Practical

- Phone charger (or power bank)
- Any medications you may need during the session

Creative details

- Any specific props we've discussed (or items with personal meaning you might want nearby)
- Reference items if relevant (glasses, hat, book, instrument, etc.)